Athletic Department Expectations for Families

Go to the new athletic website: **shgrfalcons.org** and sign up for "**Get Alerts**." Going forward this is the primary source of information for the teams including game and practice schedules, game site addresses, and dismissal times from school. If changes to the schedule are made, anyone who has signed up for alerts will receive an automated alert. Please take the time to do this as soon as possible.

Pre-season

- 1. Make an appointment so that your physical exam is completed between April 15 and June 1, and submit it before the current school year ends so that this task is done for the next school year. Complete a physical examination signed by your doctor and dated on or after April 15 of the *current* year allows for students to play through June of the *following* school year. Doctors often have the MHSAA form within their system—just inquire and if the office does not, download and print one from the school athletic website: shgrfalcons.org
- 2. Mark your calendars and set a timely reminder of dates for physical exams and first practice days.
- 3. Pre-season (before the game schedule starts) practices generally are more frequent than when after the game season starts.

In-season

- 4. Commitment requires sacrifice, for both the student and the parent. Discuss within your family if can commit to daily and long-term schedule of a sports season.
- 5. Parents encourage your sons and daughters to be committed, coachable, to work hard, to pay attention during practices and to think about what the focus of the practice is and to pay attention to the game when sitting out. Keep in mind that, generally, games are played on Tuesdays and Fridays, but that there may be other days based on our school schedule & our limitations, other schools' schedules & their limitations, and officials availability & limitations that may cause some games to be on a Monday, Wednesday, or Thursday.
- 6. \$200 fee per high school player per sport; \$100 fee per middle school player per sport; all paid through SmartTuition. If there is a financial hardship please set up an appointment with Phil May, Athletic Director.
- 7. One mandatory game day service per family. If a family doesn't sign up, a date will be assigned and it will be the responsibility of the family to work that date or find another family to fill it. Your accountability for this directly reflects the virtue of sacrifice and

hospitality that the Church and scripture calls us to do. A list of the tasks needed to host games will be provided—if you see a potential scheduling conflict please talk to and/or email the parent coordinator for the team(s).

- 8. If practice does not start at 3:30, the expectation is that your child will do homework or read in the room adjacent to the gym. They are to behave as they would in a classroom. There is no going back and forth between the school and the gym area and the door between the gym and the school will be locked to prevent this.
- 9. If problems arise, disciplinary action may entail not dressing for a game.